

August Muscatel Breakfast and Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
28	29	30	31	1	i
4	5	6	7	8	
11	12	13	14	15	
18	19	20 Assorted Cereal with Cracker Cheeseburger Sliders with Crinkle Cut Fries	21 Bagel with Cream Cheese Chicken Banh Mi with Pickled Vegetables	22 Ham & Cheese Croissant Pepperoni, Sausage or Cheese Pizza with Tossed Salad	
25gg Omelet, Turkey Bacon, and Toast Boneless Chicken Wings, Donuts, and Buffalo or BBQ Dip	Assorted Concha Crunchy Beef Taco, Refried Beans, Spanish Rice and Elote Salad	27 _{Freshly} Baked Chocolate Chip Scones Spaghetti & Meatballs, Garlic Breakfast, and Garlicky Broccoli	28 _{Cinnamon} Toast Crunch Filled Bar Grassfed Hamburger or Cheeseburger with Crinkle Cut Fries	29 Egg, Cheese & Sausage Tornado Pepperoni, Sausage or Cheese Pizza with Tossed Salad	

All children enrolled at **Rosemead School District** are provided breakfast and lunch at no cost!

Available Daily:

8 oz 1% White Milk 8 oz. Nonfat Chocolate Milk Assorted Fresh Fruit & Vegetables







ROSEMEAD SCHOOL DISTRICT

Septembermuscatel Breakfast and Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 *LABOR* *** DAY ***	2 Breakfast Pizza Bagels Carne Asada Nachos, Refried Beans, Guacamole, and Pico de Gallo	Pancake on a Stick General Tso Chicken, Brown Rice, Garlicky Broccoli, and Fortune Cookie	4 Bagels with Cream Cheese Breaded Chicken Drumsticks, Onion Rings, and Mashed Potatoes & Gravy	5 Scrambled Eggs, Toast, and Hashbrowns Manager's Special	
8 Breakfast Egg, Cheese & Sacon Sandwich Beef Pasta Bolognese with Garlic Knot	9 Assorted Pop Tart with Cracker Chicken Taquitos, Refried Beans, Guacamole, and Pico de Gallo	10 French Toast Sticks with Turkey Sausage Grassfed Hot Dog with Three Bean Chili	Mini Chocolate Donuts Breaded Spicy or Regular Chicken Filet Sandwich with Creamy Coleslaw	12 Chocolate Chip Muffin Pepperoni, Sausage or Cheese Pizza with Tossed Salad	
Breakfast Egg & Sausage Sandwich Chicken Penne Alfredo, Garlic Breadsticks, and Garlicky Broccoli	16 Mini Powdered Donuts Nashville Hot Chicken Tenders, Corn Bread Poppers, and Cross Trax Fries	Freshly Baked Cinnamon Rolls Chicken & Vegetable Dumplings, Edamame, and Chow Mein	18 Bagel with Cream Cheese Chicken Waffle Sandwiches, Tater Tots, and Pineapple Coleslaw	19 Ham & Cheese Croissant Pepperoni, Sausage or Cheese Pizza with Tossed Salad	
22 Egg Omelet, Turkey Bacon, and Toast Boneless Chicken Wings, Donuts, and Buffalo or BBQ Dip	Assorted Concha Crunchy Beef Taco, Refried Beans, Spanish Rice and Elote Salad	Freshly Baked Chocolate Chip Scones Spaghetti & Meatballs, Garlic Breakfast, and Garlicky Broccoli	25 Cinnamon Toast Crunch Filled Bar Grassfed Hamburger or Cheeseburger with Crinkle Cut Fries	26 Egg, Cheese & Sausage Tornado Pepperoni, Sausage or Cheese Pizza with Tossed Salad	
29 Dutch Waffle with Maple Syrup Chicken Wings or Wings of Fire, Garlic Knot, and Seasoned Wedges	Breakfast Pizza Bagels Carne Asada Nachos, Refried Beans, Guacamole, and Pico de Gallo	1	2	3	

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